

## NA ONLINE MEETING CHAIR PREAMBLE

Welcome to the \_\_\_\_\_ Online Meeting of Narcotics Anonymous. My name is \_\_\_\_\_ and I am an addict. I am acting in my turn as chairperson for this meeting. Could we please open the meeting with a few moments of silence for the addict who still suffers?

Is there anyone here attending an NA meeting for the first time, who thinks he or she may have a drugging problem? If so, would you like to introduce yourself by your first name? We ask this not to embarrass you but to get to know you better. You are the most important person at this meeting as we can only keep what we have by giving it away, so welcome and keep coming back.

This is an open meeting of Narcotics Anonymous we would like to welcome any non-addict visitors and thank you for your interest in NA. We ask that you respect the primary purpose of this meeting, which is to provide a place where addicts can share their recovery with one another. We ask that there is no cross talk during the meeting and when wanting to speak please raise your hand using the onscreen feature found under the participant's button, wait to be called by the chair, and introduce yourself using your first name. Please share on your own personal experience and refrain from telling others what to do. Would everyone with a cell phone please switch it to silent unless you are doing NA service.

We will now go down the participants list and introduce ourselves, if you don't want to say anything please just say pass.

At this meeting, we share our experience, strength, and hope. The opinions expressed are those of individual members and not NA as a whole. In conducting this meeting, I wish to remind everyone that whatever is said by me or any other speaker represents our own personal opinion as of today. It is recommended that you pay no attention to anything that cannot be reconciled with what is in our Basic Text. Our literature person \_\_\_\_\_ will now briefly tell us more about NA literature available.

Could we please have the secretary's report?

We will now do the readings. If you would like to read, please raise your hand using the "raise hand" feature. The readings will appear on the screen.

- Who Is an Addict?
- Why Are We Here?
- What Is the NA Program?
- How It Works
- The Twelve Traditions Of NA
- We Do Recover

Introduce the type of meeting: (This is a Milestone/JFT/Topic meeting) and introduce the speaker.

After the main sharer has finished, the chair may share back or open the meeting for general sharing. (Indicate time limit on shares/Round Robin format if this is in line with Group Conscience).

(Ten minutes before the end of the meeting)

That's all the time we have for sharing, I would like to thank you all for attending.

In closing, I ask you to remember that anonymity is vital to NA. What you see here, what you hear here, please let it stay here.

Thank you to all who have shared and have done service here today. Our seventh tradition which states “every NA group ought to be fully self-supporting through our own contributions.” The money we collect usually pays for rent, literature, refreshments, and helps carry the NA message of recovery in our region and around the world. Newcomers and visitors are asked not to contribute as you are our guests. The banking details on the message screen can be used for this purpose.

Could someone please read: Just For Today.

Ask someone to close the meeting:

We Zoom together in NA to remind ourselves we need never to stand alone again unless we choose to. Let us have a moment of silence for the still suffering addicts both inside and outside these rooms, followed by the Serenity Prayer using the word GOD as you may understand it.

God, grant me the serenity, to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

Keep logging on, it works if you work it, so work it, you're worth it!!!!!!